

**CHAMBERLAYNE'S GROUP CLASS TIMETABLE**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
09:30 - 10:15 - Zumba	09:15 - 10:10 - Les Mills Body Pump	09:30 - 10:15 - Les Mills RPM	09:15 - 10:00 - Les Mills Body Pump	09:30 - 10:15 - Zumba	09:45 - 10:30 - Dance Fitness	09:30 - 10:25 - Yoga
10:30 - 11:25 - Nice and Easy	10:30 - 11:25 - Les Mills Body Balance	18:00 - 18:55 - Legs, Bums & Tums	10:05 - 10:50 - Les Mills Body Balance	10:30 - 11:25 - Step & Tone	10:45 - 11:30 - Circuits	10:30 - 11:25 - Pilates
18:00 - 18:55 - Legs, Bums and Tums	18:10 - 18:55 - Les Mills RPM	19:00 - 19:55 - Les Mills Body Balance	10:30 - 11:25 - Nice and Easy	11:30 - 12:25 - Pilates		
19:00 - 19:55 - Les Mills Body Pump	19:05 - 20:00 - Les Mills Body Combat		17:50 - 18:45 - Les Mills Body Pump	18:00 - 18:55 - Les Mills Body Combat		
			19:00 - 19:45 - Zumba	19:00 - 19:45 - Les Mills Body Pump		