

**CHAMBERLAYNE'S GROUP CLASS TIMETABLE**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
9.30am - Zumba	9.15am - Body Pump	6.00pm - Legs, Bums and Tums	9.15am - Body Pump	9.30am - Zumba	9.45am - Dance Fitness	9.30am - Yoga
10.30am - Nice and Easy	10.30am - Body Balance	7.00pm - Body Balance	10.05am - Body Balance (Main Hall)	10.30am - Step and Tone		10.30am - Pilates
6.00pm - Legs, Bums and Tums	6.00pm - RPM		10.30am - Nice and Easy	11.30am - Pilates		
7.00pm - Body Pump	7.00pm - Body Combat		5.50pm - Body Pump	6.00pm - Body Combat		
			7.00pm - Zumba	7.00pm - Body Pump		