

YOUR 3 DAY PASS

3 DAY CHALLENGE

#JUSTTRYIT



Challenge yourself today! Take part in 3 different activities over 3 days using our **FREE ACTIVITY PASS BELOW!**

Choose from



SWIMMING



RUN / WALK
CYCLE



GYM



RACKETS



EXERCISE
CLASSES



Complete the challenge for your chance to WIN an **ANNUAL MEMBERSHIP***

*Terms and conditions apply.

ACTIVE NATION

Don't forget, print out your 3 Day Activity Pass below, this will allow you to use the facilities and enable you to collect your stamps each time you complete an activity. To enter the competition you must fill in your details and have this verified at reception.

CENTRE USE ONLY

To enter this competition, you must get your three stamps validated and signed.

FULL NAME

DATE OF BIRTH

MOBILE NO.

STARTS

/ / 2014

ENDS

/ / 2014

The information provided is protected by the Data Protection Act 1984. Full terms and conditions apply, ask at reception for more details.

3 DAY ACTIVITY

+ challenge tracker

1

2

3

Activity Completed

Get your card stamped at reception when your activity has been completed!

ACTIVE NATION