

PARTICIPATION QUESTIONNAIRE



CENTRE:	COURSE / ACTIVITY:	DATE / RANGE:
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PARTICIPANT DETAILS

PARTICIPANT NAME	DATE OF BIRTH
ADDRESS		
	POSTCODE
EMAIL ADDRESS	TELEPHONE NO.

EMERGENCY CONTACT DETAILS

EMERGENCY CONTACT NAME	TELEPHONE NO.
DOCTORS NAME	TELEPHONE NO.

EXERCISE READINESS QUESTIONNAIRE

ARE YOU AFFECTED BY ANY OF THE FOLLOWING?	Yes	No
Asthma, Bronchitis, Heart condition, Diabetes, severe headaches, travel sickness, fits, fainting or blackouts.	<input type="checkbox"/>	<input type="checkbox"/>
Allergies to known medication, pollen, materials, food, plasters or other items.	<input type="checkbox"/>	<input type="checkbox"/>
A disability, learning condition or medical condition which may affect their participation or learning.	<input type="checkbox"/>	<input type="checkbox"/>
Received a vaccination against Tetanus in the last 10 years?	<input type="checkbox"/>	<input type="checkbox"/>
Received medical or surgical treatment of any kind from either your family doctor or hospital or been given specific medical advice to follow in emergencies?	<input type="checkbox"/>	<input type="checkbox"/>
Affected by broken bones, back pain or pregnancy?	<input type="checkbox"/>	<input type="checkbox"/>

If you have answered yes to any of the above questions please give details below:

SWIMMING (WATER COURSES ONLY)

I confirm that I can swim 50 metres in light clothing Yes No

DECLARATION

I confirm that I consider myself fit to participate in the activity. In the event of illness or accident I consent to any necessary medical treatment which might include the use of anaesthetics. I accept the booking conditions which I have received with this form. If any illness or medical treatment occurs after the return of this form and prior to the activity, I will inform the centre in writing.

SIGNED DATE

I hereby give permission for Active Nation to use my image to advertise and promote the work of the Charity. I understand that I waive all rights, ownership and copyright to this material and will not pursue any reward for its use; now or in the future. Yes No