

**Whilst Active Nation and City of Lincoln Council have again tried to minimise the annual price rises this year, there are inevitable increases to reflect inflation and increasing costs. Where these increases occur we have ensured that they are on average below 3% to ensure that we continue to provide great value for money, supporting our mission to “persuade the nation to be active”**

**Swimming Exercise**

Casual Adult (16+) £3.40 Casual Gym

Casual Student £2.70 Adult £5.90

Casual Concession £2.10 Concession £4.40

Casual Under 5 £1.10 Gym & Swim £7.50

Casual Family Ticket £10.80

Casual Parent & Toddler £3.40 **Group Exercise**

Casual Over 50 Swim £2.10

 30 minute class £3.40

Swim Fit Adult (16+) £3.60 45 minute class £3.80

Swim Fit Student £3.05 60 minute class £4.20

Swim Fit Concession £2.40 Yoga £4.60

NPLQ Training £6.50 Mind & Body £2.50

Zoggs Swim for fitness

Adult £4.10 **Facility Hire**

Concession £2.10

Sports Hall £31.95 Gymnasium £19.70

All Weather Pitch £70.20

**Dry Activities** Meeting Room £12.30Hub Meeting Room £16.50

Badminton £7.80 Studio £20.00

Table Tennis £7.80 Athletics Track £60.80

 Cycle Track £18.30

**Sauna / Steam General**

Sauna / Steam £4.60 Spectator £1.00

Sauna / Steam / Swim £5.90 Shower £2.30

Sauna / Steam / Swim / Gym £9.20 Equipment Hire £1.85